

If you test positive for COVID-19

Take steps to help **PREVENT THE SPREAD** of COVID-19



STAY HOME.

Do not leave your home, except to get medical care. Do not visit public areas.



GET REST AND STAY HYDRATED.

Take over-the-counter medicines, such as acetaminophen, to help



STAY IN TOUCH WITH YOUR DOCTOR.

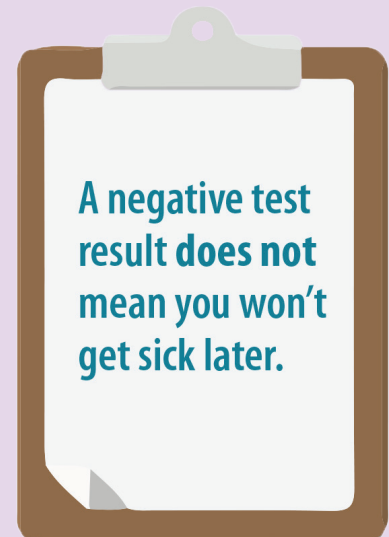


SEPARATE YOURSELF FROM OTHER PEOPLE.

As much as possible, stay in a specific room and away from other people and pets in your home.

If you test negative for COVID-19

- You probably were not infected at the time your sample was collected.
- However, that does not mean you will not get sick.
- It is possible that you were very early in your infection when your sample was collected and that you could test positive later.



For the latest updates and additional information on COVID-19, please visit [NRMChospital.org](https://www.nrmhospital.org).

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