Natchitoches Regional Medical Center

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Dear Friends,

Award-winning, growing, building a team of champions — these actions have defined our efforts in 2019. Yet it is the “why” that is most important. We are pushing ourselves to improve and grow even stronger, because we want NRMC to be the best health system imaginable. It is not enough to be a good hospital. We want to be a great one that makes a positive impact on the health and well-being of every person in our parish and region. Each resident we serve, patient we care for, and job we provide drives us to do even more.

Award Winning
Our award this year from the Texas Quality Foundation for performance aligns with the national Baldrige criteria for organizational excellence. This framework helps us with all aspects of operations, customer service, and quality outcomes. In addition to the Governor’s Award, we also received national recognition from the SafeCare Group which named us as a Top 100 Hospital for Patient Safety (third time in four years), as well as, a Safety Grade of “A” from the LeapFrog Group last April.

Growing Stronger
In 2019, we’ve moved forward with many capital projects. We’ve invested in technology including upgrades to our robotic surgery capabilities which you can read about in this issue. Early this winter, we will open our new Breast Center with 3D mammography. Special thanks to the NRMC Foundation and its donors for contributing to this initiative. Our campus footprint expanded when we began construction of our new wound care facility and our Multi Specialty Care Clinic. We’ve also expanded our specialty clinics which now include: ENT Associates, Orthopedic Associates, General Surgery Associates, Pulmonology, OB/GYN Associates and Urology Associates. And last year, we purchased and renovated the Britton Building which now provides office and training space for Human Resources and Accounting. We also opened the Listach Conference Center and recently held the grand opening of Cane River Café. Soon we will begin renovations for a new Infusion Center.

Building a Team of Champions
As exciting as the expansion projects are, nothing is more exciting than building our Team of Champions. We have many goals in place and are working diligently to reduce employee turnover, implement stronger human resource programs, improve our interviewing and selection processes, do more cross-training and leadership development, and improve our retirement benefits. In 2019, we launched NRMC’s Leadership Academy. To date, we have made great strides and have an outstanding team in place. We are now 750 Associates strong. Because of them, people place their trust in NRMC and make it their healthcare system. I want to thank our Associates — they inspire excellence everyday and are the heart and soul of NRMC.
NOW OPEN!

NRMC’s Cane River Café is open for business! Offering a coffee shop, grill, hot bar, salad bar, and other healthy menu items, Cane River Café is sure to please your palate. If you are in a time crunch, the Café also offers “Grab & Go” menu items. Stop by and see what Cane River Café has to offer!

Hours:

Monday – Friday: 6:15 am – 7:00 pm
Saturday & Sunday: 6:15 am – 5:00 pm
Coffee Shop open daily from 6:15 am – close

Breakfast: 6:15 am – 10:30 am
Hot Bar & Salad Bar: 11:00 am – 3:00 pm
Grill: 6:15 am - 5:00 pm

From Our Food Service Partners at Cura

We believe nothing brings people together like food - and nothing makes us happier than bringing people together. From our fresh approach to every meal, to our belief in warm, thoughtful service, that spirit is the first ingredient in everything we do.

Visit NRMChospital.org for a quick reference of this week’s menu.
Multi Specialty Care Clinic
The 17,000 square-foot NRMC Multi Specialty Care Clinic is under construction at the corner of Keyser Avenue, directly across from the main hospital entrance in the former Rite Aid Building. This location will allow NRMC to group physician specialists in one location for patient convenience. The Clinic will have ample free parking, good lighting, comfortable furniture, and many amenities.

Service Line Additions
General Surgery Associates
ENT Associates
Orthopedic Associates
OB/GYN Associates
Urology Associates
Pulmonology

With Physicians
Lauren Anderson, MD
Ear, Nose & Throat

Justin Duke, MD
Orthopedic Surgery

Bailey Runkles, MD
Obstetrics & Gynecology

Warren C. Botnick, MD
Pulmonology, Sleep Medicine

Kenneth L. Perego, II, MD
Urology

Bill Ball, Jr., MD
General Surgery

Damian DeFrancesch, MD
General Surgery

The construction team is excavating the ditch for the placement of the pneumatic tube which will run from the main hospital building to the new Multi Specialty Care Clinic. This allows labs, prescriptions, and other important information to be “tubed” underground from one building to the next.

A crew is welding the heating and chilled water piping that has been installed underground from the main NRMC power plant to the Multi Specialty Care Clinic. This technology allows the most efficient HVAC system.
**Wound Care Center**

With the NRMC Wound Care Center’s patient volumes continuing to grow in response to the region’s needs, NRMC is constructing a 7,000 square-foot Wound Care Center on the Bienville side of the hospital. It will offer space for up to 4 more bariatric medicine chambers, more patient treatment rooms, and an abundance of amenities for wound care patients. The award-winning Wound Care Center will have its own entrance, convenient parking, and spacious seating for families and friends accompanying patients.

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**Breast Center**

The 1,200 square-foot NRMC Breast Center will offer outstanding technology including standard mammography as well as 3D mammography, both of which help doctors visualize breast tissues including milk glands, milk ducts and supportive tissue. For women with dense breast tissue, 3D mammograms offer additional imaging capabilities so that doctors can see beyond the density to locate cancer and other breast health conditions. The Center will offer comfortable accommodations and a relaxing spa-like atmosphere.

New Breast Center opening this winter.
NRMC’s Surgery Suites now have even more robotic capabilities thanks to a recent upgrade. The robotic surgery program is now in its 5th year.

**Question:** What technology has been added?
**Answer:** We added the newest version of the X Da Vinci Robot that offers better access to more complex anatomy to expand our minimally invasive surgical procedures for general surgery, gynecological surgery, and urologic surgery. The new technology also uses fluorescence imaging to guide the surgeon in identifying anatomical structures.

**Question:** What types of surgeries will be done with the new robotic capabilities?
**Answer:** Surgical procedures that we offer at NRMC with our latest robotic technology include gallbladder removal, abdominal hernia repair, colon or intestinal removal, hysterectomy, and prostatectomy.

**Question:** Have doctors been trained?
**Answer:** Even though many of our surgeons have used robotics for more than 5 years now at NRMC, there was still a training program put in place for our surgeons to gain hands-on experience with the new capabilities. General surgeons Dr. Bill Ball, Jr., Dr. Damian DeFrancesch, and Dr. Bill Zeichner, and Obstetrician and Gynecologists Dr. Bailey Runkles, Dr. Moshood Olatinwo, and Dr. Martin Aviles are all trained to use the new robotic technology.

**Question:** What does this mean for patient care?
**Answer:** This upgrade offers our patients advanced minimally invasive procedures using the most current robotic technology and it is here in Natchitoches — close to home. What’s so great is that patients are able to have minimally invasive surgery and in most cases return home the same day.

For more information on robotics, please call the Referral Line, Monday through Friday 8 am-5 pm at 318.214.5723.
Age 50? Get A Colorectal Screening!

Colon cancer is highly treatable with early detection and treatment. However, most people do not have any symptoms when the cancer first begins to grow, and it can often go undetected. To find cancers, screenings are recommended as follows:

- Males and females should get a colorectal screening regularly beginning at age 50.
- If a person has a family history of colon cancer, screenings are generally recommended at an earlier age.
- People with a colon disease or condition such as Crohn’s Disease should also get screened at an earlier age.

Colonoscopy

There are several kinds of screenings, and one of the most common is a colonoscopy. During this procedure, a specially trained doctor such as a general surgeon or gastroenterologist views the inside of the colon with a small camera. He or she looks for any abnormalities such as polyps or disease. If polyps are found, they can be removed and the tissue biopsied. If cancer is detected, doctors will develop a treatment plan with the patient.

The frequency of colonoscopies after age 50 should be discussed with your doctor, but regular screenings are recommended and commonly occur at 3, 5 or 10 years, depending on risk factors.

Anyone with changes in bowel habits, weight loss, abdominal pain, chronic or recurring diarrhea or constipation, or bleeding from the rectum should seek immediate medical care.

For more information on colonoscopies or colorectal cancer, please call General Surgery Associates at 318.354.2555.

I’m Alive Today Because of a Colonoscopy

Petula Holden
Colon Cancer Surgery

“I’ve always been a great supporter of cancer awareness, but I never thought I would be a cancer patient. Thanks to General Surgery Associates, Dr. Damian DeFrancesch and my faith, I’m alive today. Dr. DeFrancesch found the cancer during a routine colonoscopy when I turned 50. I was in disbelief. He sent tissue samples to the lab which confirmed stage 4 cancer, so Dr. DeFrancesch would not let me waste any time scheduling the surgery. I went to NRMC where he removed that section of my colon. We discovered the cancer was dangerously close to invading my liver. The whole time, Dr. DeFrancesch was there for me — caring, encouraging and supporting me. He was also there for my family with any concerns. I’m so thankful to General Surgery Associates and NRMC and grateful to have my life.”

For more information or to make an appointment for a screening, please call 318.354.2555 or visit NRMChospital.org
In May, the NRMC Foundation created a bit of Hawaiian magic when they hosted “A Rockin’ Luau.” Guests arrived in their festive Hawaiian attire ready to enjoy Mai Tai’s and an authentic luau feast. The “Live 80 Band” and Elvis impersonator Manny Triana had the room rockin’.

The evening would not have been possible without the generosity of our sponsors. Special thanks to each business, organization and family for their support and participation. The sold-out event welcomed more than 400 attendees and raised over $100,000 for the Foundation’s work and key initiatives including nursing/allied health scholarships, wellness grants and breast health initiatives.
Heart of Natchitoches

Upcoming NRMC Foundation Events

SAVE THE DATE

Steel Magnolia Run
March 14, 2020

Foundation Gala
May 16, 2020

ALOHA SPONSORS

City Bank & Trust
City of Natchitoches
Martin Aviles, MD
Hancock Whitney Bank
COMPASS
LA Extended Care
John & Sarah Luster
Kirk & Marie Soileau
NSU Foundation
Access Health
NSU Demons Unlimited
Cross Financial Group

Shawn Daily/Edward Jones
Hospice of Natchitoches
Mechanical Concepts
Ameriprise Financial – Cunningham Financial Group
Drs. Bryan & Marguerite Picou
Dimension Development
Sidney & Joelle Evans
NW LA Cancer Center
C D Morgan & Associates
IMA of Louisiana
Breazeale, Sachse & Wilson

HSLI
Gordon & Breaux
KINETIX
BOM Bank
Access Radiology
HDI
CP-TEL
Medistar
Justin Duke, MD
Cardinal Health
Southern Scripts

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Jennifer Maggio
Secretary
Frances Welch
Pat Cunningham
Mary White
Kirk Soileau
Shay Ball
Marion Johnston
Ashley Walker
Sharon Huey
Ryan Todtenbier
NRMC Urology Services Now at NRMC

NRMC welcomes Kenneth L. Perego, II, MD, and is pleased to announce the opening of NRMC Urology Associates. Dr. Perego’s expertise includes the diagnosis and treatment of conditions and diseases affecting the urinary tract in both men and women including bladder cancer. He also sees men for concerns related to the reproductive system such as fertility issues, prostate disease, male hormone replacement therapies, and testicular cancer. In addition to his surgical training and expertise, he routinely sees patients for incontinence, urinary tract infections, kidney stones and other conditions.

**Education and Career Highlights**

- Bachelor of Science in Biology, Louisiana College, Pineville, LA
- A graduate of Louisiana State School of Medicine in New Orleans
- General Surgery Internship and Residency at Scott & White Memorial Hospital, Texas A&M Medical Center
- Urology Residency at Scott & White Memorial Hospital, Texas A&M Medical Center
- President of Louisiana Urological Society
- Member of the American Urological Association
- Member of the Society of Laparoendoscopic Surgeons
- Board Certified by the American Board of Urology

NRMC Urology Associates is conveniently located at 90 Melrose Avenue in Natchitoches. To make an appointment, please call 318.238.3850

Errington Joins Foundation Team

NRMC is pleased to welcome Halie Errington to the Foundation.

Halie graduated from Northwestern State University with a Bachelors in Hospitality Management and Tourism. She has worked with several local organizations serving as a member and president for both Les Amies and the Service League of Natchitoches. Most recently, she served as the Director of Development at St. Mary’s Catholic school. Halie is an Ambassador for the Chamber of Commerce and is a member of the Natchitoches Young Professionals organization.

Golden Named Information Systems Director

Natchitoches Regional Medical Center is pleased to announce that Christopher Golden has accepted the position of Hospital Information Systems Director.

Chris has been working at NRMC since August of 2018 as a Project Manager in our IS Department. Over the last year, Chris has managed a number of successful projects such as Meditech system software updates, the implementation of FormsFast electronic signatures in registration areas and the activation of Dragon dictation software. Chris has also worked in a clinical systems analyst role and as a senior applications specialist role spanning 7 years prior to coming to NRMC.

Chris obtained a BS degree in Management from Bridgewater State University and he holds an MBA in Project Management from Florida Institute of Technology. Chris was also recently admitted into the MBA program in Information Technology Management at Florida Institute of Technology. In addition, Chris has a certification as a Project Management Professional (PMP).

Congratulations to Colonel Dennis M. Britten

At the recent Changes of Command Ceremony of the 307th Medical Squadron at Barksdale Air Force Base, Colonel Dennis M. Britten assumed command.

Colonel Britten is now the Commander of the 307th Medical Squadron at Barksdale and also maintains an active cardiology practice as part of Regional Cardiology in Natchitoches.

Colonel Britten has served our country since enlisting in the Air Force upon high school graduation. He went on with a career as an avionics guidance and control technician. After 6 years on active duty, he transferred to the Air Force Reserve and spent 17 years at Barksdale in maintenance before separating from duty to attend medical school. He re-entered service with the Air Force Reserve in 2004, receiving a direct commission before attending the Reserve Commissioner Officer Training Program in 2006. Since his commission, he has been assigned to the 917th and 307th Medical Squadrons. He deployed in support of Operations Desert Shield and Desert Storm.

Thank you Colonel Britten for your service to our country and for the care you provide here at NRMC.
Happening at NRMC

Courtyard Green Thumb

Approximately three months ago, a resident at The Courtyard of Natchitoches, Mr. Bobby Dalme, approached the staff about creating a garden in an unused raised area in the back of the facility. After requesting just a shovel and hose, he got to work and has built up quite an impressive display of produce! Currently he has mustard greens, okra, bell peppers, red peppers, peas, and the largest tomatoes this side of the Cane River! Each day he enjoys bringing his favorite staff members fresh vegetables and chocolate. Mr. Dalme is incredibly proud to be able to continue doing what he has loved to do his entire life while being a skilled nursing resident at The Courtyard of Natchitoches.

NRMC is privileged to be one of only four facilities in Louisiana and one of the first hospitals in the nation certified to administer a new IV drug therapy to treat Post Partum Depression.

Dr. Moshood Olatinwo played an instrumental role in bringing this care to NRMC. An interdisciplinary team led by Anne Powell, Pharmacy Director, was formed to educate staff and develop the process to administer the 60-hour infusion procedure. NRMC is pleased to be able to provide this service and help moms who experience Post Partum Depression following the birth of their babies.
Mammograms use sophisticated imaging technology to take images of breast tissue so that doctors can find breast abnormalities including cancer.

At NRMC, we offer many breast health services including mammography. This winter, we will offer 3 Dimensional mammography in our new Breast Center. 3D mammography is especially beneficial in finding cancer in women with dense breasts.

The American Cancer Society recommends women get mammograms for early detection of breast cancer.

- Women between the ages of 40 and 44 may want to begin screening for breast cancer by getting a mammogram.
- Women between the ages of 45 and 54 should get mammograms each year.
- At age 55, women can begin getting mammograms every two years or continue with annual mammograms.
- If a woman has a family history of breast cancer or other high risk factors, she should speak with her physician about being screened at an earlier age.

All women should pay attention to their breast health and see a doctor if they experience nipple discharge, pain or tenderness, or any changes in their breasts or under their arms including lumps.

To schedule a mammogram at NRMC, please call 318.214.4265.

NRMC Gave Me Options
Laurie Morrow
Breast Cancer Surgery

“When I went for my annual mammogram, radiologist Dr. Ben Hogg saw something suspicious and did an ultrasound. Concerned, he recommended I see a surgeon and get a biopsy. The mammography technologist who did my mammogram knew I was planning on going to see my doctor in Shreveport, but she placed a piece of paper in my hand with Dr. Bill Ball’s phone number on it and said to hold onto it in case I wanted a second opinion. When I got in my car, I called my physician whose first opening wasn’t for 3 weeks. As reality began to set in, I wanted a plan, so I called Dr. Ball’s office. Shay Ball answered the phone and could hear the worry in my voice. She said if you want to drive over now, we’ll work you in. As soon as I arrived, everyone was so supportive, and they answered all my questions and gave me options. That’s how my journey with breast cancer began in 2015. Thanks to Dr. Ball and all my doctors, everyone at NRMC, and Northwestern Louisiana Cancer Center, I did well with treatment. That’s why I believe in the healthcare community we have here in Natchitoches.”

For more information about breast cancer care, please call General Surgery Associates at 318.354.2555 or visit NRMChospital.org

Dr. Bill Ball, Jr.
A TappedTober Success!

100% of all TappedTober proceeds stay LOCAL.

Many thanks to all our sponsors for making this year’s TappedTober a huge success!

Presenting Sponsor
Jimmy Granger’s Natchitoches Ford Lincoln

VIP Experience
CUNNINGHAM INSURANCE AGENCY

Fireworks Sponsor
Cane River Waterway Commission

Stage Sponsors
BOM Bank
Alliance Compressors

Entertainment Sponsor
Rhodes Realty

KidZone
Natchitoches Dental Specialists

Food Zone
International Paper - Red River Mill

Big Screen Sponsor
Engage Federal Credit Union

Ridesharing Sponsor
EZ-RYDR

Corporate Sponsors
City Bank & Trust
Pilgrim’s Pride
CP-Tel
Super 1 Foods
Southern Scripts
NSU Foundation
MD Clinics
Shelter Insurance
Farm Bureau – Kyndall Harrell
Bray Williams – Attorney at Law

Community Supporters
NHDDC
Exchange Bank
Maggio’s Package Liquor

What an event! The 2019 TappedTober Craft Beer & Wine Festival held on Saturday, October 12th drew a huge crowd to the Natchitoches Riverbank. With an incredible music lineup, headlined by Laine Hardy, the American Idol Season 17 winner, and other favorites including Dustin Sonnier, the crowd rocked through the day and well into the night. There were over 45 craft beer brands available in the beer pavilion along with a huge wine selection. Attendees enjoyed football games on a giant digital screen, a Kid Zone, food trucks, fireworks and more.

TappedTober proceeds stay LOCAL – used right here in our community for our families and neighbors to help fund initiatives of the NRMC Foundation such as the new NRMC Breast Center which will open this winter and the Northwestern Louisiana Cancer Foundation.
1. Many thanks to everyone who attended the Ribbon Cutting for the grand opening of Cane River Café.

2. Congratulations to Vickie Odom on her retirement after many years of service at The Courtyard.

3. NRMC recognized at Quality Texas Foundation Conference. Pictured from left to right: Lin Wrinkle-McGuire, COO; Dr. Mac McGuire, CEO (Texas Quality); Tommy Gonzalez, City Manager for El Paso, Texas; Al Faber, President & CEO of Baldrige Foundation. With Kirk Soileau, CEO of NRMC, are Associates Debbie Vennekotter, Aimee Fallon, Dr. Phyllis Mason, Tom Matuschka, Sarah LaCour, Brad McCormick, Jamie Fontana, Nanette Bienvenu, Theresa Thompson, Mike Stipelcovich, Allison Wilkerson, and Sean Baylor.

4. Congratulations and a huge thank you to Edith Blake. At the NRMC Guild Awards Banquet, she was named Volunteer of the Year and recognized for over 300 hours of service.
Caring for Our Community

At Natchitoches Regional Medical Center, we are more than a hospital. NRMC operates numerous clinics and healthcare facilities in our community.

Behavioral Health Services
Insights, our inpatient psychiatric facility, provides specialized mental health services to individuals ages 50 and above. Reflections, our outpatient program, offers group, individual, education and family therapy to individuals 21 years or older.
Insights - 501 Keyser Ave. 318.214.4380
Reflections - 212 Medical Drive 318.238.3696

Comprehensive Wound Care Services
For individuals with chronic wounds, traumatic injuries, and those with diabetes or other conditions which make healing wounds more challenging.
NRMC Main Campus • 501 Keyser Ave. • 318.214.4822

The Courtyard of Natchitoches
Services include skilled nursing, rehabilitation services (speech, occupational and physical therapy), long-term nursing care, ultrasound therapy, electro-stimulation therapy, Hivamat therapy, diabetes management, medication management, and safety awareness.
708 Keyser Ave. • 318.214.4366

Ear, Nose & Throat Associates
Dr. Lauren Anderson diagnoses and treats patients for conditions affecting the head, neck, mouth, throat, larynx, esophagus, nasal cavity and sinus, and inner and outer ear disorders including hearing loss.
1029 Keyser Ave., Suite C • 318.238.6301

General Surgery Associates
General surgeons, Dr. Bill Ball, Jr., and Dr. Damian DeFrancesch, provide traditional, laparoscopic and robotic surgery. In addition to their office appointments and scheduled surgery patients, they provide emergency consultations and emergency surgeries 24 hours a day, 7 days a week.
740 Keyser Ave., Suite D • 318.354.2555

Natchitoches Assisted Living
Gated retirement community designed for resident’s comfort, security and peace of mind that allows each individual to live as independently as possible.
1907 South Drive • 318.356.0016

Natchitoches Imaging Center
From MRI’s to nuclear imaging capabilities, the Imaging Center uses state-of-the-art technology to provide precise images needed for diagnosis and treatment.
105 East Fifth Street • 318.214.4650

North Natchitoches Medical Clinic
With an emphasis on wellness and prevention, the clinic serves communities in northern Natchitoches Parish and provides primary care services for newborns to seniors.
3194 Highway 71 • Campti • 318.476.3999

OB/GYN Associates
Dr. Bailey Runkles provides obstetric and gynecological care including infertility treatments, high risk pregnancies, hormone concerns, cervical dysplasia and other health issues affecting female reproductive organs. As a surgeon, she performs no abdominal incision hysterectomies and other urogynecologic procedures.
655 Bienville Circle • 318.238.3652

Orthopedic Associates
Clinic physician, Dr. Justin Duke, sees patients for a wide range of orthopedic concerns including arthritis, broken bones, and torn ligaments, and he specializes in total joint replacement for hips and knees utilizing the latest technological advances.
740 Keyser Avenue, Suite A • 318.238.4511

Pain Institute
The NRMC Pain Institute is an outpatient service designed to provide care for patients with chronic pain who are not responding to traditional pain management. By using pain relief therapies, medications, and special procedures, they can effectively manage a patient’s pain.
NRMC Main Campus • 501 Keyser Ave. • 318.214.4153

PRISM Center
PRISM offers outpatient rehabilitation services including physical therapy, occupational therapy, and speech therapy.
140 S. Williams Ave. • 318.214.0088

Pulmonology
Pulmonologist, Dr. Warren Botnick, FCCP, DABSM, diagnoses and treats illnesses and conditions affecting the lungs including viral and bacterial, as well as, chronic conditions and diseases.
213 South Drive • 318.354.2493

Regional Cardiology Clinic
Offering a broad spectrum of noninvasive diagnostic services, as well as, pacemaker and defibrillator care, routine checkups, monitoring, and heart procedures.
NRMC Main Campus • 501 Keyser Ave. • 318.214.4550

Sleep Center
For people who have problems with sleep including sleep apnea, our state-of-the-art sleep center helps doctors monitor and diagnose sleep concerns.
NRMC Main Campus • 501 Keyser Ave. • 318.214.4464

Urology Associates
Dr. Kenneth Perego, II, diagnoses and treats conditions and diseases affecting the urinary tract including bladder cancer. NRMC Urology Associates also provides care for incontinence, urinary tract infections, kidney stones, reproductive system concerns in men, and more.
90 Melrose Ave. • 318.238.3850

Walk-In & Primary Care Clinic
NRMC Walk-In & Primary Care Clinic offers convenient care for minor illnesses and injuries, allergies, immunizations, sports physicals and more.
740 Keyser Ave., Suite E • 318.238.5300
Open seven days a week from 8:00 am to 8:00 pm.

NRMC also has an association with the Northwestern Louisiana Cancer Center

At Natchitoches Regional Medical Center, we are more than a hospital. NRMC operates numerous clinics and healthcare facilities in our community.

For more information about NRMC’s clinics & facilities please call 318.214.4513.
Breastfeeding Classes
NRMC offers classes for new moms and soon-to-be-moms on breastfeeding. After the class, moms are invited to tour the Labor Department with one of our nurses. The class is free, but participants are asked to register in advance by calling OB at 318.214.4335.
Saturday – Nov. 16 • Dec. 28
10 am • NRMC Legacy Conference Room

Birthing Unit Tours
Moms are welcome to tour the Birthing (Obstetrics) Unit and learn more about NRMC’s care for mom and baby. Please call 318.214.4335 to schedule a visit. We would love to give you a personal tour!

Grief Support Group
Natchitoches Regional Medical Center’s Patient and Family Advisory Council (PFAC) has created a Grief Support Group for those in our community who have experienced the death of a friend or family member.

The purpose of this group is to provide a safe place where people can learn about the grieving process, share their feelings and experiences, and learn ways to cope and heal. The group’s goal is to provide spiritual, emotional, and social comfort and support to our community members 18 years and older who are grieving the loss of their loved ones.

Meetings are free and open to all members of the community.

The Grief Support Group’s meeting will be held on the second Thursday of every month.
6 pm – 7 pm • NRMC’s Legacy Conference Room
For more information, please call 318.214.4582.

Learn CPR
Thursday, January 31st
8:00 am – 12:00 pm
Location: HR Conference Room
For more information on classes, please call Danna Allen at 318.238.5997 or email Danna.Allen@nrmchospital.org. Classes are open to the public.

VOLUNTEER at NRMC
At NRMC, community members give generously of their time and talents to help the hospital and its facilities better serve patients, residents and families.

Volunteers provide many services including:
• Assisting administrative departments
• Transporting patients in wheelchairs
• Special projects on the nursing floors
• Customer experience improvement
• Helping in the nursery
• Assisting families in surgery and intensive care waiting room
• Assisting visitors with directions
• Helping staff the front desk
• And more

All volunteers must complete an application, be current in immunizations, submit to a thorough background check and attend an orientation session to learn about the hospital’s policies including patient safety.

To learn more about becoming a volunteer, email volunteer@nrmchospital.org or call 318.214.4295.