Natchitoches Regional Medical Center
CAFETERIA MENU
September 10th - September 16th, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Chicken Breast w/ onions & peppers	Nacho/Taco Salad	Brisket	Smothered Pork Chop	Fried Fish	Angus Beef Steak	Chicken Fried Chicken w/ White Gravy
Chopped Steak w/ onions & peppers	White Queso & Nacho Cheese Sauce	Hamburger	Hamburger	Baked Fish w/ Lemon	Hamburger	Hamburger
Deli Sandwich	Chicken Quesadilla	Grilled Chicken	Grilled Chicken	Hamburger	Grilled Chicken	Grilled Chicken
Oriental Blend Veggies	Hamburger	Tuna Salad	Chicken Salad	Grilled Chicken	Deli Sandwich	Deli Sandwich
Green Beans	Grilled Chicken	Deli Sandwich	Grilled Cheese Sandwich	Chicken Salad	Rice & Gravy	Mashed Potato Casserole
French Fries	Deli Sandwich	Potato Casserole	Turkey wrap	Mac & Cheese	Baked Beans	Prince Edward Blend Veggie
	Mexican Rice	Corn Maque Choux	Black-Eyed Peas	Green Beans	Greens	Winter Mix Veggie
	pinto beans	Asparagus	Turnip Greens	Grilled Normandy Blend Veggies	French Fries	French Fries
	fried Green beans	fried okra	Rice & Gravy	French Fries		
	Cape Cod	French Fries	Sicilian Blend Veggies			
	French Fries		French Fries			
Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts	Cornbread Dinner Rolls Cookies Assorted Desserts