Natchitoches Regional Medical Center
CAFETERIA MENU
July 9th - July 15th, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shepard's Pie	Spaghetti & Meat Sauce	Green Pepper Steak	Smothered Pork Chops	Fried Fish	Beef Tips	Meatloaf
Chicken Quesadilla	Chicken Strips w/ White Gravy	Orange Chicken	Meatloaf	Baked Fish	Steamed Rice	Rice & Gravy
Mexican Rice	Green Beans	Egg Rolls	Rice & Gravy	Macaroni & cheese	Purple Hull Peas	Black Eyed Peas
Broccoli & Cheese	Black-eye Peas	Steamed Rice	Italian Zucchini	Grilled Garden Blend Veggies	Seasoned Cabbage	Normandy Blend
Sweet Corn	Sicilian Blend Veggies	Glazed Baby Carrots	Grilled Veggies	Okra & Tomatoes	Grilled Italian Blend	
Grilled Capri Blend Veggies		Grilled Winter Mix		Fried Green Tomato w/ Remoulade		
		Chicken Caesar Salad Wrap				
Chicken Salad	Chicken Salad		Chicken Salad	Tuna Salad		Assorted Desserts
Lemon Cake	German Chocolate Cake	Orange Cake	Peach Cobbler	Iced Cake	Assorted Desserts	
Hamburger	Hamburger	Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Grilled Chicken	Grilled Chicken	Grilled Chicken	Grilled Chicken	Grilled Chicken	Grilled Chicken	Grilled Chicken
French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Salad	Salad	Salad	Salad	Salad	Salad	Salad
Cornbread	***Garlic Bread***	Cornbread	Cornbread	Cornbread	Cornbread	Cornbread
Dinner Rolls	Dinner Rolls	Dinner Rolls	Dinner Rolls	Dinner Rolls	Dinner Rolls	Dinner Rolls
Cookies	Cookies	Cookies	Cookies	Cookies	Cookies	Cookies
Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich