Natchitoches Regional Medical Center
CAFETERIA MENU
November 5th - November 11th, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Spaghetti w/ Meat Sauce	Smothered Pork Chops	Homemade Meatballs w/ Gravy	Roast Beef	Fried Catfish	Brisket	Smothered Pork Chop
Hamburger	Fish Sandwich	Hamburger	Hamburger	Baked Catfish w/ Lemon	Hamburger	Hamburger
Grilled Chicken Breast	Hamburger	Grilled Chicken Breast	Grilled Chicken Breast	Hamburger	Grilled Chicken Breast	Grilled Chicken Breast
Tortellini Salad	Grilled Chicken Breast	Tuna Salad	Chicken Salad	Grilled Chicken Breast	Deli Sandwiches	Deli Sandwiches
Deli Sandwiches	Chicken Salad	Deli Sandwiches	Deli Sandwiches	Chicken Salad	Mashed Potatoes	Rice & Gravy
Wraps	Deli Sandwiches	Wraps	Wraps	Deli Sandwiches	Rice & Gravy	Greens
Green Beans	Wraps	Rice & Gravy	Mashed Potato & Gravy	Coleslaw	Fried Okra	French Fries
Italian Blend Veggies	Sweet Potato Casserole	Greens	Corn Nuggets	California Blend Veggies	French Fries	
Corn	Cabbage	4-way Veggies	Carrots	Green Beans & Potatoes		
French Fries	Black-eye Peas	French Fries	Broccoli	Tator Tots		
	French Fries		French Fries			
Garlic Bread	Cornbread	Cornbread	Dinner Rolls	Cornbread	Cornbread	Cornbread
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts