Natchitoches Regional Medical Center
CAFETERIA MENU
October 8th - October 14th, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Spaghetti w/ Meat Sauce	Smothered Pork Chop	Smothered Chicken	Roast Beef	Fried Catfish	Brisket	Smothered Pork Chop
Hamburger	Hamburger	Hamburger	Hamburger	Baked Catfish w/ Lemon	Hamburger	Hamburger
Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Hamburger	Grilled Chicken Breast	Grilled Chicken Breast
Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Grilled Chicken Breast	Deli Sandwich	Deli Sandwich
Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad	Deli Sandwich	Mashed Potatoes	Rice & Gravy
Wraps	Wraps	Wraps	Wraps	Chicken Salad	Rice & Gravy	Greens
Green Beans	Baked Sweet Potato	Rice & Gravy	Mashed Potato & Gravy	Wraps	Fried Okra	French Fries
Peas & Carrots	Rice & Gravy	Greens	Corn Nuggets	Coleslaw		
Corn	Cabbage	4-Way Mix Veggies	Carrots	California Blend Veggies		
French Fries	Winter Mix Veggies	French Fries	Broccoli	Green Beans & Potatoes		
	French Fries		French Fries	Tator Tots		
Garlic Bread	Cornbread	Cornbread	Dinner Rolls	Cornbread	Cornbread	Cornbread
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts